

Attractions & Places of Interest in Jamaica

Montego Bay Area

Aquasol Theme Park: Beach facility with restaurant, bar and numerous water sport activities, including banana boating, parasailing, go carts, Fish Turf Beach Grill, lawn tennis, snorkeling, glass bottom boat rides, paddle boats and water slides.

www.aquasoljamaica.com Tel (876) 979-9447

Island Hopper: See Jamaica's beautiful mountains and coastline from the air. (876)-974-9756, helicopter@mail.infochan.com

Timair Tours: (876) 952-2516 or (876) 952-8237 for rates and reservations. Light Plane.

Appleton Rum Distillery: Guided tour of distillery. Sample various rums. Combine with visit to YS Falls. Siloah P.O., St. Elizabeth – Jamaica E-mail: Appleton@infochan.com Call (876) 963-9215. Fax (876) 963-9218

Bellefield Great House and Gardens: Living history...take a step back in time to the year 1805 when sugar was king. This exciting journey will give you the opportunity to experience true Jamaican hospitality. You will taste, cook, dance, sing and learn a little more about our Jamaican cultural heritage, history and cuisine. Tuesdays, Wednesdays and Thursdays. Tour lasts approximately 2 hours and includes a light lunch and complimentary welcome drink. Tel: (876) 952-2382 www.bellefieldgreathouse.com

Black River Safari & US Falls: South side of the island, 90 minute drive from Montego Bay. Take a boat ride up the Black River to see the crocodiles in their natural habitat. Then visit picturesque YS Falls. Your driver can arrange this excursion. Entrance Fee

Bob Marley Experience & Theatre: Discover the legend and spirit of Bob Marley. Watch film on his life and work. Enormous collection of t-shirts, music, gifts and souvenirs. Tel: (876) 953-3449

Braco River Boarding on the Rio Bueno: Gear up, grab your river board and get ready for a wild ride on the Rio Bueno. Surf over splashing cascades and exciting rapids as you make your way downstream. Cruise through the river valley and steer your board into the open ocean. Cross the bouncing bridge and head into the rainforest. Our guides will show you the ropes. It's an amazing experience to remember. Minimum age 12 years, Maximum weight 220 lbs. Tel: (876) 954-018 www.bracotours.com

Braco River Rafting Adventure: Explore the many moods of the Rio Bueno River known for its rich history and refreshing cool water. Paddle through the splashing rapids...Your journey starts in the dense rainforest, taking you to the Lagoon for some swingin on the Tarzan rope...and on to a private beach for a dip in the sea and some refreshments at the bar! Fun for the whole family! Tour details: Minimum age 7 years old, maximum weight 280 lbs. Bring towel, swim wear. www.bracotours.com or Tel: (876) 954-0185

Quadrille Villa, Silver Sands Jamaica

www.quadrillevilla.com

Braco Rapids Tubing Safari: Experience a wet and wild adventure on the Rio Bueno River. Jamaica's most exciting tubing tour! Minimum age 8 years. Tel: (876) 954-0185 or www.bracotours.com

Braco Stables: A truly fun experience for the whole family! Enjoy a two-hour ride with trained guides through scenic countryside onto the shore. Visit a beautiful private beach where you can ride bareback into the sea. Complimentary refreshments are served poolside at the Braco Great House. Private rides are also available. Fully guided tour with well-trained horses through the countryside. Open daily. Rides are 10:30am and 2:30 pm. Children 5 and up. Tel: (876) 954-0185 www.bracostables.com

Calico Sailing and Underseas Cruise: Step back 300 years on Jamaica's only pirate cruise. Sail the coastline that Calico Jack and his two female pirates sailed while our onboard story teller relives his life. Anchor in the Marine Park to snorkel. Sail with fellow shipmates to raid the capture of Margaritaville. Unlimited pirates punch, sodas, beer and fruit punch served. Return transportation included. Our pirate Sunset and Dinner Cruise is the perfect way to end the day. Daily cruise, 10:00am to 1:00pm. Tel: (876) 952-5860 www.calicosailingcruises.com

Coral Cliff: casino, video arcade, The Chilling Bar, Night spot with reggae bands. www.coralcliffjamaica.com Tel: (876) 952-4130

Chukka Blue Adventure Tours: Horseback, Ride n Swim, Jungle River Tubing, 4 x 4 Jeep Safar, Sea Trek, Jamaica ATV Tours, Mountain to River Bike Adventure, Canopy Tours, Tel: (876) 979-0308 (876) 953-5619 www.chukkacaribbean.com

Croydon in the Mountains: a 132 acre working plantation (45 minutes from Montego Bay). Its main crops are coffee, pineapple, plantains and citrus. This tour includes a delicious barbecued lunch with world famous Blue Mountain Coffee. Guided half-day tour, 10:30am to 3:00pm Tues, Wed, Fri. Tel: (876) 979-8267. www.montego-bay-jamaica.com/croydon

Doctors Cave Beach: World famous white sand and clear water beach believed fed by mineral springs. Food court Groovy Group restaurant, new membership club house has been opened, equipped with a lounge, courtyard, gym, conference room, recreation area, changing rooms, sauna and steam baths. Daily, 8:30am to 5:30pm. Tel: (876) 952-2566 www.doctorscavebathingclub.com

Dreamer Catamarans: Your three hour sailing tour includes an introduction to a tropical underwater world within the MoBay Park. We provide snorkeling instructions, equipment and guide. Sail along the coastline aboard Montego Bay's premier sailing Catamarans – Tropical Dreamer and Island Dreamer, designed for the ultimate sailing experience. www.dreamercatamarans.com Tel: (876) 979-0102

Quadrille Villa, Silver Sands Jamaica

www.quadrillevilla.com

Gallery of West Indian Art: Jamaican oils and watercolors, Haitian primitives, colorful wood carvings, alabaster. Original art not subject to duty. 11 Fairfield Rd. Just west of Montego Bay near West Gate shopping Centre in an area known as Catherine Hall.

Glistening Water: Take a night cruise on the luminous lagoon and witness the most spectacular wonders. Phosphorescent waters reveal the outline of fish and streaks of light as they swim around. Seafood restaurant also on property. Daily 7pm. Tel: (876) 954-3229

Good Hope Great House: Stables, great house and museum tour. Horse back riding daily except Wed, 7:30am to 4:30pm. Tel: (876) 954-3289 or (876) 995-2825

Good Hope CHUKA TOURS also offers “A Taste of Jamaica at Good Hope Estate” Fully guided tour includes tour of estate and lunch! Or try the “High Tea at Good Hope Estate”.....www.chukkacaribbean.com

Greenwood Great House: Over 200 years old. Formerly owned by the family of Elizabeth Barrett Browning, the famous English Poet. Great house/museum tour, bat. Open daily 9:00am to 6:00pm. Tel: (876) 953-1077 www.greenwoodhouse-jamaica.ntsemp.com

Half Moon Equestrian Centre: Enjoy a variety of exhilarating equestrian activities including riding, jumping and polo lessons, adventure trail rides through Jamaican countryside. Swimming with the horses and pony rides. Tel: (876) 953-2286 08 (876) 953-2211 www.horsebackridingjamaica.com

Hilton High Day Tours: Guided full-day tour of a private plantation. Excellent luncheon served to the strings of a Mento band. Enjoy a calypso band, shopping, village school entertainment and a side trip to a German village. Meet the people. Enjoy the foods. Learn the history. Open Tues, Wed, Fri, and Sunday. Tel: (876) 952-3343 www.montego-bay-jamaica.com/hilton

Historic Falmouth TRAM tour: Guided tour of Historic Falmouth. Braemar Tours
Tel: (876) 509-0454

Horse and Carriage Ride through Historic Falmouth: What better way to experience the historic town of Falmouth than the mode of transportation from that era-Horse and Buggy. Your experienced tour guide will skillfully maneuver the horse and buggy through the streets of historic Falmouth. In the 1800's Falmouth, was the wealthiest town in Jamaica when sugar was king. The planters' dwellings are on every corner and the administration buildings of that era still standing today. Book through Chukka Tours Tel: (876) 979-0308 or www.chukkacaribbean.com

Jamaica Swamp Safari Village: Journey in to an amazing Jamaican wildlife preserve located in a natural mangrove habitat. Home to: The endangered American Crocodile, the Jamaican yellow snake, the very rare Jamaican Coney and Shakira, our 18ft Green Anaconda. 1 hour tour also includes the Kananga House where you can learn about the famous croc-jumping scene in the James Bond film Live & Let Die, shot on location here in 1972. Open daily 9am to 4pm Tel: (876) 952-0889..... www.jamaicaswampsafari.com

Quadrille Villa, Silver Sands Jamaica

www.quadrillevilla.com

John's Hall Adventure Tours: Take a 30 minute guided bus tour, highlighting some of Montego Bays historic events, while visiting an old historic church. Embark on a journey that will take you through Jamaica's interior into pre-school where kids will delight you with a performance. Visit a working plantation and learn about the crops, native herbs and spices. Sample fresh picked fruits. Tour includes sumptuous meal of jerk pork, jerk chicken and vegetable dishes. www.johnshalladventuretours.com Tel: (876) 971-6958

Mayfield Falls and Mineral Springs: Spend a whole day in the mountains and see the lovely waterfalls. Hike up the river with over twenty natural swimming pools and Jacuzzi's to pamper you. Mayfield Falls is located at Mayfield, best accessed from Negril. Mayfield Falls Tour Office: 5 St James Street, Montego Bay, Jamaica, E-mail: info@mayfieldfalls.com Tel: (876) 971-6580 Fax: (876) 971-2481

Margaritaville Caribbean Bar and Grill: Located on Montego Bays Hip Strip. Activities include bouncing on a giant water trampoline, relaxing in a rooftop hot tub, lounging in waterslide sky chairs or riding the monster slide that plunges 110 feet into the sea. Delicious menu includes burgers, fajitas', grilled specialties and authentic local fare. 52 tropical flavors of margaritas. Tel: (876) 952-4777 www.margaritavillecaribbean.com

MoBay Undersea Tours: Explore Montego Bay's marine sanctuary for two hours aboard a modern semi-submarine. Panoramic marine environment and coral reefs. Air conditioned cabin holds 50 passengers. Narrated by experts. Daily 11:00am to 2:30pm. Tel: (876) 979-2281

Montego Bay Marine Park: Jamaica's first park was declared in 1991 to conserve marine coastal resources for the sustainable benefit of traditional users and the enjoyment of all mankind through public education, scientific monitoring and interpretive enforcement. Marine Park comprising an area of 15.3 square kilometers which includes the sea, the sea floor and all the marine life within its boundaries to a depth of 150 meters. Daily 8:30am to 4:30pm. Tel: (876) 952-5619 www.montego-bay-jamaica.com/mbmp

Pier 1: Funky and casual native waterfront bar with loud music. Cruise Montego Bay and party every Friday night. Opposite craft market in town.

Rafting on the Martha Brae: 90 minute river trip on Jamaica's premier river-rafting attraction. Daily, 8:30am to 4:40pm except on public holidays. Tel: (876) 954-5168 or (876) 952-0889 www.jamaicrafting.com

Rose Hall Beach Club: Beach with volleyball and other games. Property has two bars, a pavilion and restaurant. Tel: (876) 953-9982

Rose Hall Great House: Magnificently restored 1760 Plantation house, where famous legend has it that Annie Palmer, the "white witch", ruled with cruelty and met a violent death. Daily, 9am to 6pm. Tel: (876) 953-2341 or (876) 953-2456 www.rosehall.com

Quadrille Villa, Silver Sands Jamaica

www.quadrillevilla.com

Round Hill Beach Parties: Every Monday Beach Party barbeque with lobster, bonfire and Calypso band \$67. Wednesday is al la carte dinner on seaside terrace with Reggae Band. Friday is Jamaica Night with Jamaican Buffet, Steel Band or Reggae Band and floor show. Reservations: (876) 956-7050

Ocho Rios/Runaway Bay/Discovery Bay Area

Blue Mountain Tours: Downhill ride on mountain bikes. Meet local coffee farmers. Breakfast, lunch and waterfall swim, plus guides. Tue to Sat 7:00am to 5:00pm Tel: (876) 974-7075. E-mail bmbike@cwjamaica.com

Chukka Cove Adventure Tours: Falmouth/Ocho Rios/Boscobel: Horseback Ride n Swim, River Tubing safari, Jeep Safari, Mountain to Sea Bike Adventure, Zion Bus line, Canopy Tours. Tel: (876) 927-2506 www.chukkacove.com

Columbus Park: Historical site commemorating the spot where Columbus first landed in Jamaica. Daily 9am to 5pm. Discovery Bay. Drive by and see the Landmark.

Mystic Mountain: New attraction that includes Cable car/air chair lifts, Bob sled, zip lining activities. 1 Minute drive from the Famous Dunn's River Falls.

Coyaba River Garden & Museum: Stroll through Coyaba's creek-side garden and learn about Jamaica's past in the small museum. Restaurant with fountains and spring on site. Coyaba offers guided tours, a museum of island history, waterfall climbing and picnic facilities. A spectacular limestone waterfall with views of the coast. Daily 8am to 5pm Tel: (876) 974-6235 www.coyabagarden.com

Cranbrook Flower Forest: Tropical garden with river path, nature walk, pond fishing, swimming and other activities. It boasts exotic tropical gardens, water pools and a rain forest. A hiking trail along the Little River leads to a cathedral-like gorge, forming a natural swimming pool. Daily 8:30am to sunset. Tel: (876) 770-8071 or (876) 995-3097 www.cranbrookff.com

Dolphin Cove: Swim with the dolphins and see animals and birds in a natural cove surrounded by lush, tropical rainforest, rivers and waterfalls. Explore the boardwalk built along side the replica city of Port Royal, witness pirates as they entertain you with an intriguing shark show. Through the lost jungle, you wander on the trail and interact with exotic birds, snakes, iguanas and other exotic animals. Adjacent to the world famous Dunn's River Falls, Dolphin Cove also has a new Swimming with the Sharks and Swimming with the Stingrays adventure. Daily, Tel: (876) 974-5335 www.dolphincovejamaica.com

Dunn's River Falls & Park: 600 feet of terraced waterfalls. River Falls and Park is a mix of modern facilities with a rustic charm of a natural park. Visitors can climb the falls in a human chain led by experienced falls guides or visit the "massage" soothing effects of the water as it cascades into the sea. Sun lovers can enjoy the beach. Last falls climb begins at 4pm. Daily 9am to 5pm. www.dunnsriverja.com

Friends of the Sea: A non-profit, non-governmental organization based in Ocho Rios, St Ann, Friends of the Sea has been working to increase community awareness with regards to the sea. We are also involved in watershed projects. Visitors are able to support our efforts by acquiring one of the environmental awareness bracelets available at select locations in Ocho Rios. www.friendsofthesea.org Tel: (876) 974-4428

Fern Gully: 3 mile road in an old riverbed that winds through a lush valley of ferns & trees.

Firefly: Named after the luminous fireflies seen after dark, this property was the Jamaican retreat of the late playwright Noel Coward. Firefly is the home of the late Sir Noel Coward. Visitors to the museum will see a biographic exhibit of his many celebrated guests and displays of Sir Noel's paintings and belongings. One of the most panoramic views in Jamaica. Mon to Sat, 9am to 5pm. Tel: (876) 725-0920 www.islandjamaica.com

Green Grotto Caves: Runaway Bay: Intriguing network of chambers and passageways, stalactites, and stalagmites and small lakes. Green Grotto is said to have been a haven for runaway slaves in the 18th century. Daily, Tel: (876) 973-2841 www.greengrotto.com

Harmony Hall: Art gallery showcasing outstanding Jamaican art as well as pieces from around the Caribbean. Since the restoration and addition of elaborate fretwork in 1981, it has been a showcase for the best Caribbean art and craft. Recommended by travel magazines and guidebooks. Toscanini's, an excellent restaurant is located here. The gallery is open daily 10am to 6pm, closed Mondays. Tel: (876) 975-4222 www.harmonyhall.com

Heave Ho Fun Cruises: Hot! Hot! Hot! Experience our ever popular Booz Cruise to the world famous Dunn's River Falls. The fun cruise includes admission to the Falls, snorkeling, open bar, music and dancing. You can also opt for our romantic calypso sunset cruise with steel pan music. We offer private charters for weddings, birthday parties or moonlight dinner cruises. www.heaveho.net Tel: (876) 974-5660

Hooves Limited: Fully guided tour on well trained horses through the countryside. Explore tropical rainforests, hilly interiors and historical sites and deserted beaches. Learn about medicinal properties of indigenous plants. Daily 9am to 5pm. Tel: (876) 972-0905. www.hoovesjamaica.com E-Mail hooves@cwjamaica.com

Island Village: A multi-faceted entertainment center with shopping, dining, film, cyber café, gaming, art and a beach, plus interactive celebration of reggae music from ska to dancehall. They also have the wonderful Jimmy Buffet's Margaritaville for delicious food and entertainment beside the beach. Daily, Tel: (876) 675-8995 www.islandvillageja.com

James Bond Beach Club: Beach facilities. Tue to Sun. Tel: (876) 975-3663/5 www.islandjamaica.com

Mini Boat Adventures: Experience the thrill on the open sea. Be captain of your own personal watercraft. See the many hidden waterfalls and secluded beaches inaccessible by land, along the luxurious Ocho Rios coastline. Spoil yourself in our super-safe maneuverable outboard powered boat. No tour like it! (876) 974-7423 miniboat.jamaica@yahoo.com

Quadrille Villa, Silver Sands Jamaica

www.quadrillevilla.com

Outameni Experience: In 2007, an exciting new experience opened its door near Falmouth, Trelawney. Travel through the many eras of Jamaica's rich culture with dance, cuisine, art, film and music. Gain a first hand feel of the Jamaican experience from Taino to Rasta. Outameni Experience will tantalize all your senses in this interactive journey with a colorful mosaic enriched by the vibrant spirit and culture of the Jamaican people. www.outameni.com
Tel: (876) 954-4045

Prospect Plantation Tour: Daily tours of a working plantation in an open jitney. Horseback riding available. Enjoy a horseback river ride, spectacular trail passes through primeval forests descending to the White River –pass the rushing stream with series of rapid pools. After this spectacular experience stroll into a flower filled exotic butterfly aviary where local butterflies fly overhead in their natural habitat. Stroll through our secret garden, and enjoy your picnic lunch. Tours begin 10:30am, 2pm, 3:30pm. Monday to Saturday, and 11am, 1:30pm and 3pm on Sundays. Tel: (876) 994-1058 prospectplantationinfo@cwjamaica.com

Reggae Explosion: Located in the Island Village, a museum and part of the National art Gallery. Open daily. Tel: (876) 675-8895 www.islandjamaica.com

Red Stripe Cruises: Warm vibes from our crew, the zest of our musical selection will rock your body on these high energy fun filled cruises. If you like fun and excellent value then these tours are for you! Tel: (876) 974-2445 www.fivestarwatersports.com

Walkerswood Jerk Country Tour: Visit the home of Jamaica's world famous Walkerswood Jerk Seasoning and learn the traditions of our cuisine from the fields to our table. Taste, touch and smell the various elements of our culinary tradition, from Jerk pit to spice garden and view our factory at work. Browse in the kitchen craft shop and get hip with our cuisine with "how to" cookbooks and spicy memories of Jamaica stored in a jar. www.walkerswood.com Tel: (876) 917-2318

Wilderness Tours Unlimited: Guided ATV tours in Ocho Rios. Open daily. Tel: (876) 969-6653 www.wildernessatvtours.com

Bob Marley Museum-Kingston: The late grandmaster of Reggae. Visit this simple clapboard house which was his home until 1973, and also the studio where he wrote and recorded much of his work. Video presentations, on site, café serving local food. www.bobmarly-foundation.com/museum.html Tel: (876) 927-9152

Port Antonio Area

Boston Beach: Popular bathing beach. Waves are high enough for surfing. Famous Jamaican dishes, jerk pork and jerk chicken are also sold here.

Blue Lagoon: Locals say Blue Lagoon is bottomless. Swim in these mystical azure waters which change color dramatically as light, shadows and reflections vary through out the day. Water sports operation also on location. Tel: (876) 993-7791

Quadrille Villa, Silver Sands Jamaica

www.quadrillevilla.com

Nonesuch Caves and Atheryn Garden: Caves rich in stalactites and stalagmites. Gift shop and gardens. Daily 9am to 5pm. Tel: (876) 993-3740

Port Antonio Marine & Boat Yard: A 32 slip mega yacht facility offering safe, sheltered berthing in an attractive surrounding. Facilities include a promenade, gift shop, restaurant and bar, Internet access, laundry and showers. Tel: (876) 715-6044

Rio Grande Rafting: A two-hour river cruise on a bamboo raft for two, poled by an expert rafts man through spectacular scenery. Daily. 8:30am to 4:30pm Tel: (876) 993-5778

Frenchman's Cove: A narrow but gorgeous strip of white sand besides a wide crescent bay with a rich reef a few yards from the shore. It provides good snorkeling. Just across from the beach is tiny Peters Island, also known as Princess Island. Tel: (876) 993-7558

Somerset Falls: The Daniels River plunges through a gorge of natural rock in a series of cascades and pools. On site restaurant. Daily except Christmas and Good Friday. Tel: (876) 873-1198

Valley Hikes: For history enthusiasts, there are tours into the Land of the Look Behind, Maroon Country and a meeting with the Maroon chief. Venture down trails to tiny villages. Daily, Mon to Friday, 9am to 4pm. Saturday and Sunday 9am to noon. Tel: (876) 993-3881
E-Mail: valleyhikes@cwjamaica.com

Negril Area

Chukka Blue Adventure Tours: Negril/Montego Bay. Horseback Ride N Swim, Jungle River Tubing, 4 x 4 Jeep Safari., Sea Trek, Jamaica ATV Tours, Mountain to River Bike Adventure, Canopy Tours, Tel: (876) 953-5619 www.chukkablue.com

Mayfield Falls: A breathtaking waterfall on a 5 acre property. Activities include cliff jumping, cave diving, luxuriating in a natural Jacuzzi or enjoying a massage. Tel: (876) 971-0580 www.mayfieldfalls.com

Negril Crafts Market: Arts, crafts and souvenirs.

Country Western Riding Stables: Daily 8am to 4pm. Tel: (876) 955-7190

Negril Lighthouse: The highest structure in Negril, it towers 100 feet above sea level. Daily 10am to 6pm. Tel: (876) 957-4875

Rhodes Hall Plantation: Horseback riding, scuba diving, Sun to Fri, 7am to 5pm. Tel: (876) 957-6333/4 www.rhodesresort.com

Kool Running Water Park: Thrilling water park in Negril. One of the most diverse water parks in the Caribbean! www.koolrunnings.com Tel: (876) 957-5400

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www.quadrillevilla.com

